



# **PORTMAN COMMUNITY RECREATION CENTER**

4601 MCCULLOCH ST, DULUTH MN 55804



# **DECEMBER 2014**

Theresa Mellinger - City of Duluth Senior Center Coord.  
AEOA Senior Dining Monday or Friday

(218) 390-9429  
(218) 727-4321

| SUNDAY | MONDAY  | TUESDAY       | WEDNESDAY   | THURSDAY                                  | FRIDAY  | SATURDAY                  |
|--------|---|---------------|---|---|---|---------------------------|
|        | <div>30</div> <div>Chili, Cornbread<br/>Fresh Fruit</div> <div>8:30 Ucare Exercise<br/>12:00 Bridge<br/>12:00 Bingo</div> | <div>1</div>  | <div>2</div> <div>8:30 UCare Exercise<br/>9:00 Coffee Club</div>                    | <div>3</div>                              | <div>4</div> <div>Baked Fish or ALT<br/>Banana Cake</div> <div>8:30 UCare Exercise<br/>10:30 Open Rec<br/>12:00 Bingo</div>                 | <div>5</div> <div></div>  |
|        | <div>7</div> <div>Swiss Steak<br/>Fruit</div> <div>8:30 Ucare Exercise<br/>12:00 Bridge<br/>12:00 Bingo</div>             | <div>8</div>  | <div>9</div> <div>8:30 UCare Exercise<br/>9:00 Coffee Club<br/>10:30 Open Rec</div> | <div>10</div>                             | <div>11</div> <div>Cabbage Roll Dinner<br/>Fresh Fruit</div> <div>8:30 UCare Exercise<br/>10:30 Open Rec<br/>12:00 Bingo</div>              | <div>12</div> <div></div> |
|        | <div>14</div> <div>Chicken Dinner</div> <div>11:00 SENIOR HOLIDAY<br/>PARTY-</div>  | <div>15</div> | <div>16</div> <div>8:30 UCare Exercise<br/>9:00 Coffee Club</div>                   | <div>17</div>                             | <div>18</div> <div>Cr of Broccoli Soup &amp; Egg<br/>Salad Sandwich</div> <div>8:30 UCare Exercise<br/>10:30 Open Rec<br/>12:00 Bingo</div> | <div>19</div> <div></div> |
|        | <div>21</div> <div>Meatloaf Dinner<br/>Fresh Fruit</div> <div>8:30 Ucare Exercise<br/>12:00 Bridge<br/>12:00 Bingo</div>  | <div>22</div> | <div>23</div> <div>HOLIDAY- CLOSED</div>  | <div>24</div> <div>HOLIDAY - CLOSED</div> | <div>25</div> <div>Sloppy Joe, Tator tots<br/>Apple Juice</div> <div>8:30 UCare Exercise<br/>10:30 Open Rec<br/>12:00 Bingo</div>           | <div>26</div> <div></div> |
|        | <div>28</div> <div>Pulled Pork Sandwich<br/>Fruit</div> <div>8:30 Ucare Exercise<br/>12:00 Bridge<br/>12:00 Bingo</div>   | <div>29</div> | <div>###</div> <div>8:30 UCare Exercise<br/>9:00 Coffee Club</div>                  | <div>31</div>                             | <div>1</div>  | <div>2</div> <div></div>  |
|        |   |               |   |   |   | <div>3</div>              |